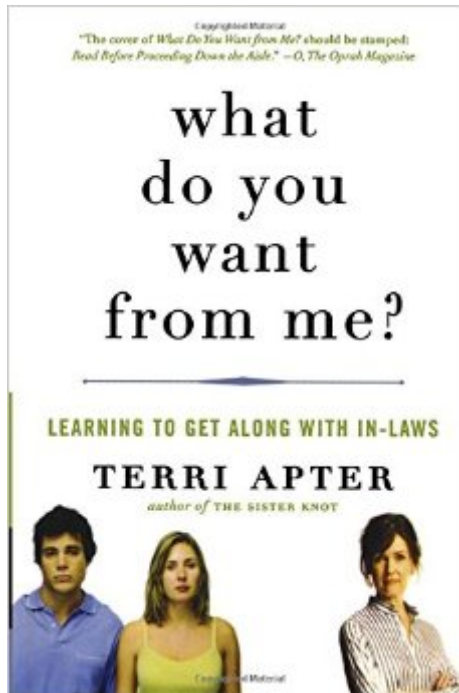


The book was found

What Do You Want From Me?: Learning To Get Along With In-Laws



Synopsis

The cover of *What Do You Want from Me?* should be stamped read before proceeding down the aisle. O, The Oprah Magazine When we marry, we believe the bond is between only two individuals. Few of us realize the power that in-laws exert over our lives. *What Do You Want from Me?* takes a fresh look at how the in-laws we acquire when we marry affect our quality of life—our marriage, family, personal comfort, and long-term well-being—for better or worse. Here is an essential book for husbands and wives, parents and children, seeking to strengthen the bonds of family.

Book Information

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Average Customer Review: 3.5 out of 5 stars See all reviews (26 customer reviews)

Best Sellers Rank: #395,422 in Books (See Top 100 in Books) #23 in Books > Parenting & Relationships > Family Relationships > Extended Families #496 in Books > Self-Help > Relationships > Conflict Management #545 in Books > Parenting & Relationships > Family Relationships > Conflict Resolution

Customer Reviews

This book was extremely helpful in explaining why getting along with in-laws is so tough--specifically why it's so difficult for wives and mother-in-laws to get along. Particularly interesting and insightful was her explanation that girls are better at establishing their autonomy as teens while simultaneously reassuring their parents that they still love and need them (albeit in different ways), so that by the time they are married, they've already established that they are grown women with their own separate lives. Boys on the other hand are not as good at this and subsequently many men expect their wives to do the work of creating boundaries for them! Ironically, these men don't realize they are doing this and often criticize their wives for doing exactly what they have been nudging them to do. (raises hand!) However helpful and cathartic it was to read about the underlying psychological issues and feelings that lead to these disputes, I wish Apter had added a chapter

about dealing with in-laws with personality disorders and did a more concrete job in explaining at what point the couple should recognize that a relationship is no longer possible/salvageable and go "no contact" (she mentions this only briefly in passing). Apter says at one point in the book that the relationship can always be turned around. I feel that Apter's statement gave my husband a bit of false hope. That may be true if you're talking about a normal psychologically adjusted person with basic human respect for other people.

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